

1. Swimming with Horses Experience

Availability:	Every day Start times: 9:00am and 1:00pm
Duration:	Half Day (3.5 hours)
Intensity	Medium
Style	Nature and adventure
Description:	Horseback riding has never been so unique. Ride through private <i>sabanero</i> farms that border with the Hacha Sector of the Guanacaste Conservation Area. Experience astonishing views of the Orosi Volcano and enjoy to the fullest the tropical dry forest on your way to the Sapoá River. Our expedition leaders will escort you through this journey and take you to one of the few rivers in Costa Rica that flow from the Pacific region all the way to the Caribbean Sea. Immerse yourself in this beautiful river and be ready for the surprise of a lifetime when you experience SWIMMING WITH HORSES, one of the best ways to make a unique connection with your horse. Ideal for nature and horse lovers.
Location:	La Cruz, Guanacaste. Starts at Salve Terra – continues to the Sapoá River in the middle of “El Hacha” National Park Sector - ends at Salve Terra. Upon return to hotel, stop to visit the town of Colonia Bolaños.
What to wear?	Long light pants T-shirt Hat Secure shoes (Hiking boots or tennis)
What to bring?	Sunscreen Swimsuit Hat Water shoes Camera Complete change of clothing Insect repellent
Includes:	Bilingual guide Snacks and drinks Towels Safety equipment
Restrictions:	Age Limitations: 5+ Minimum # of people required to operate the expedition: 2 pax, Maximum # of people for the expedition: 8 pax Available during the dry season . September and October expeditions depend on weather conditions.
Note:	Guests will leave all of their personal belongings at the Expedition Center. It is important to bring clothing that you don't mind getting wet and dirty.

2. Land & Sea Expedition

Availability:	Every day Start time: 9:00am
Duration:	Full Day (6.5 hours)
Intensity:	Medium
Style:	Nature an adventure
Description:	Live the adventure and experience the unknown while driving your own side by side. Immerse yourself in the tropical dry forest and indulge breathtaking views, where you might just encounter monkeys and other wildlife on our journey towards Junquillal National Wildlife Refuge. Here you will experience serene crystal clear paradisiac waters at Junquillal Beach where your own private boat will be awaiting. Relax and enjoy this impeccable spot or tour around the Santa Elena Bay, an ideal destination for snorkeling. A perfect combination of adventure, nature, culture, history on sea and on land.
Location:	La Cruz, Guanacaste. Starts at Salve Terra, pass for Bello Horizonte – Continues to Junquillal Beach which includes a boat tour on the Junquillal National Wildlife Refuge Bay.
What to wear?	Comfortable clothes Swimsuit Secure shoes
What to bring?	Sunscreen Hat Water shoes and/or sandals Camera Changes of clothes Swimmsuit Insect repellent
Includes:	Bilingual Guide Transportation in a 2015 – Side by Side (Mule) Polaris Park entrance fee Snacks and drinks Lunch at the beach Snorkel equipment Towels Safety equipment
Requirement:	Driver license You need to be over 18 to drive the side by side
Restrictions:	Age Limitations: 5+ Minimum # of people required to operate the expedition: 4 pax, but ask for availability if is only 2 pax, could be open. Maximum # of people for the expedition: 8 pax (4 per vehicle) Available during dry season. September and October expeditions depend from weather conditions. Subject to regulations and restrictions of the Guanacaste Conservation Area and National Parks.
Note:	Guests will take with them all of their personal belongings.

3. Salve Terra Night Walk

Availability:	Every day Start time: 6:00pm
Duration:	2 hours
Intensity	Medium
Style	Nature
Description:	This expedition will give you a different sensation of nature. Explore with us the tropical dry forest at night. Walk through Salve Terra's trails with one of our naturalist guides where you will be able to learn while observing the natural nightlife. During this expedition we can admire some creatures of the night like spiders, insects, bats, snakes and many others. Once we reach the Santolí River we will be able to look for frogs, crabs and fish. A great expedition for naturalists looking for a unique experience.
Location:	La Cruz, Guanacaste. Starts at Salve Terra down the property until entering the tropical dry forest and continues along the Santolí River and then back to the property.
What to wear?	Light pants. T-shirt. Hiking boots or tennis (secure shoes)
What to bring?	Camera Insect Repellent
Includes:	Bilingual guide Night equipment Snacks and drinks Typical meal cooked in a fire wood Oven
Restrictions:	Age Limitations: 5+ Minimum # of people required to operate the expedition: 2 pax Maximum # of people for the expedition: 8 pax Available during dry season. September and October expeditions depend from weather conditions. Subject to regulations and restrictions of the Guanacaste Conservation Area.
Note:	Guests will leave all of their personal belongings at the Expedition Center.

4. Off-Road Expedition

Availability	Every day Starts times: 9am and 1:30 pm
Duration:	Half day (2 hours)
Intensity:	Easy
Style:	Land adventure
Description:	This exciting expedition is the best way to have a memorable experience and conveniently get in touch with the local community. In this expedition you will have the opportunity to drive a very comfortable "side-by-side" ATV in the company of family and friends. You will experience a very relaxing and informative trip as we take you through a local village called Bello Horizonte, identifying hot spots such as: lands where indigenous people lived, a tropical dry forest with a chance to see monkeys, birds, iguanas and giant trees more than 200 years old. You will also encounter other interesting things and learn about local culture. It's a great opportunity to see the countryside and enjoy nature in the most fun way.
What to wear?	Comfortable clothes
What to bring?	Sunscreen Hiking shoes and/or sandals Camera Sun glasses
Includes:	Bilingual Guide Fruits and water Side-by-side Polaris vehicle
Restrictions:	Age Limitations: 5+ Minimum # of people required to operate the expedition: 2 pax Maximum # of people for the expedition: 8 pax (4 per vehicle) Available during dry season. September and October expeditions depend on weather conditions. Subject to regulations and restrictions of the Guanacaste Conservation Area and National Parks.

5. Snorkeling at Junquillal Bay

Availability:	Upon Request
Duration:	Half day (3 hours)
Intensity:	Easy
Style:	Marine adventure
Description:	<p>The Gulf of Santa Elena has the most incredible water and landscapes of Guanacaste, for its geological formation has beautiful bays and islands that work as a refuge for a large variety of marine wildlife. You will discover King Angel fish, Puffer fish, Star fish, Trumpet fish, Giant Damself fish, Bump Headed Parrot fish and much more, which makes this one of the best places for snorkeling in Costa Rica. The Gulf of Santa Elena is also an important shelter for Humpback Whales, Spotted Doplhins, and Sea Turtles, with possible sightings for visitors, depending on the season.</p> <p>Enjoy the treasures of the Pacific's tropical water in our boat with the company of our specialist guides that will explain all the wonders that you will see along this expedition.</p>
Location:	Local bays: Junquillal Bay
What to wear?	Comfortable clothes Swimsuit Sandals
What to bring?	Sunscreen Hat Water shoes and/or sandals Camera Beach clothes Sun glasses
Includes:	Bilingual Guide Snacks and water Snorkel equipment Towels Safety equipment
Restrictions:	Age Limitations: 5+ Available during August to October. Subject to regulations and restrictions of the Guanacaste Conservation Area and weather conditions.
Note:	Guests are responsible of their personal belongings.

6. Salve Terra Full Day

Availability:	Every day Start time:9:00 am
Duration:	Full Day (7 hours)
Intensity:	Medium
Style:	Nature and adventure
Description:	The best way to fully enjoy what Salve Terra has to offer! First, we ride through the private ••••• farms that border with the Guanacaste Conservation Area. Our expedition leaders will escort you through this journey on your way to the Sapoá River, where you will have the most incredible experience of SWIMMING WITH HORSES, jumping in the river on our tarzan swing rope or just taking-in the natural surroundings. Then, we return to Salve Terra's Expedition Center, where you will have a delicious typical unch. After a relaxing break, our naturalist guides will lead you in an incredible driving adventure. Experience nature, culture, history and adventure!!! While driving your own side-by-side vehicle, you will enjoy panoramic views of the forest and bays. During the drive you might encounter monkeys and other wildlife, giant trees and you will also get to know the rural village of Bello Horizonte on our journey towards the Junquillal National Wildlife Refuge. Horseback riding, swimming with horses and our Off-Road Adventure experience, all in one day, the best way to learn and enjoy Northern Guanacaste and have a Salve Terra full experience!
Location:	La Cruz, Guanacaste. Starts at Salve Terra down the property until entering the tropical dry forest and continues along the Sapoá River and then back to the property.
Includes:	Bilingual Guide. Snacks, fruits. Typical meals and drinks, coffee and waters Night equipment.
What to wear?	Long light pants Cool t-shirt Hat Secure shoes (Hiking boots or tennis)
What to bring?	Camera Insect repellent Complete change of clothes
Restrictions:	Age Limitations: 5+ Minimum # of people required to operate the expedition: 2 pax Maximum # of people for the expedition: 8 pax Available during dry season. September and October expeditions depend from weather conditions. Subject to regulations and restrictions of the Guanacaste Conservation Area.
Note:	Guests will leave all of their personal belongings at the Expedition Center. It is important to bring clothing that you don't mind getting wet and dirty.

General Information

From Pick up place	Driving to Salve Terra
Dreams Las Mareas Resort	40 minutes.
Papagayo area	1.5 hours.
Tamarindo area	1.5 hours.
Liberia area	40 minutes.
Rio Perdido, Bagaces	1.5 hours.

***NOTES:**

- The effective driving time depends of the traffic in the way, requested stops and any other eventuality no expected.
- For all the expedition is important to check with reservations department to confirm availability.
- For special request, contact reservations department to plan the itinerary.